Co-Parenting Support Group

Island Therapy Solutions is introducing a new group that will be launching in **January 22, 2018**. Dr. Sophia Joseph Parrilla and Keila Medina, MA will be facilitating the Co-Parenting Support Group. Join us to learn and practice effective communication and cooperative skills to re-gain cohesion within the family unit!

* Where: Island Therapy Solutions
* When: January 22, 2018
* 8 sessions every Monday
* Time: 6:30-7:30p.m.

**Co-Parenting Group** is for individuals who:

* are divorced/separated with a child (ren)
* share the duties of parenting their child(ren)
* are unsure of the “rules” of co-parenting
* want the very best for the child(ren) to succeed

 **GOAL**

All major insurances accepted. Sliding Scales are also available. Call 340-719-7007.